

## Camp Sessions

Camp is Sunday, June 21st to Saturday, June 27th. Campers receive an assigned time to "Check-In" on Sunday in the "Welcome to Camp" letter, which is sent shortly before camp begins. "Check-Out" occurs the following Saturday after our 10 a.m. closing ceremony and before 12 noon. The Camp accepts children who have diabetes, ages 8 through 17. Applications are due May 31st, 2009. Late applications will be considered ONLY on a space available basis. For more information on the camp and/or to download an application, go to: [Http://www.4c1lions.org/campmccumber.htm](http://www.4c1lions.org/campmccumber.htm) or contact Lion Bob Trueax as listed below.

An additional session is planned for 2009 which will be a weekend family camp for those with children who have diabetes age 7 and younger. The date will be Friday, August 14 through Sunday, August 16. For details, call Lion Bob Trueax at 530-846-4855, or Lion Don Ruble at 530-742-1759.

## Fees

The cost of seven days at camp is \$300. The amount paid may be adjusted according to the family's demonstrated need. Requests for financial assistance, "Camperships," are submitted along with the application. See the application for details.

## Donations

Donations are very important and helpful! Each year we need to raise additional money to cover the costs of camp. Please consider making a donation to assist us in making camp a reality for these campers each year.

## Contact Information

If you would like a camper, counselor, medical staff application, or other information such as how to make a tax deductible donation, please contact:

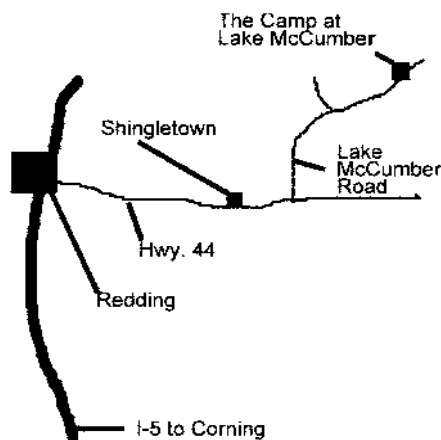
**Lion Bob Trueax**  
Diabetes Camp Administrator  
530-846-4855  
[rtrueax@wcisp.com](mailto:rtrueax@wcisp.com)

## - Location -

The camp is held at beautiful Lake McCumber, just seven miles east of Shingletown, and a few miles west of Lassen Volcanic National Park, off Hwy. 44. With a beautiful wooded area, lake and recreation facility, this site offers the activities of outdoor camping while supplying the comforts of home—electricity, hot showers and cafeteria style meals.

## - Directions -

Take Hwy. 44 east out of Redding, seven miles past Shingletown and turn left on Lake McCumber Road. Stay on Lake McCumber road (bearing right at the "Y" intersection with Ritts Mill Road) and it becomes Deer Flat Road. Turn left at the Camp McCumber sign. The camp's address is 35440 Deer Flat Rd., Shingletown, CA 96088



**Lions' Health  
Foundation  
of District 4-C1**

*Brings You The  
Camp for  
Children who  
have diabetes  
at  
Camp  
McCumber  
June 21  
thru  
June 27,  
2009*



*Check in day, Lions Camp  
for Children who have Diabetes  
at Camp McCumber*

**Lions Health Foundation  
of District 4-C1  
Camp for Children with Diabetes,  
Summer of 2009**

The camp is sponsored by the Lions' Health Foundation (a 501-C3 foundation) of District 4-C1, a non-profit service organization.

The foundation is dedicated to providing fun and educational camping experiences for youth with health challenges, who would otherwise be denied the privilege.

**Goals**

The Lions' Health Foundation has the following goals for summer camp:

- + A safe, healthy and enjoyable camp experience.
- + Enable youth to meet and share their experience with other youth who have diabetes.
- + Empower campers to become responsible for their individual control programs.



*Catching water balloons*

**Activities**

The camp offers a variety of enjoyable activities and programs such as:

- + Diabetes Education
- + Archery,
- + Arts & Crafts
- + Baseball & Basketball
- + Hiking & Nature Study
- + Music
- + Nightly Campfire Skits & Camp Songs
- + Ping Pong & Badminton
- + Volleyball & Kickball
- + Waterfront Activities



*Campfire at teen campout.*

**Medical Staff**

Our 24 hour medical staff monitors diet and supervises insulin administration and blood sugar testing

We have an emergency airlift arrangement with Mercy Medical Hospital in Redding for any incident that may require that service.

Medical educational activities assist campers in becoming responsible for their individual health programs.



*Dr Logan provides medical counseling*

**Counselors**

A generous number of counselors are provided, as needed, for the number and age of the campers. Counselors receive basic training in supporting the medical staff and assisting campers. Counselors are selected from Lions, Lioness, students, teachers, etc. Counselors are role models for campers and positively impact each camper's experience.



*Counselors "pose" for the Camera*

**Food**

An excellent kitchen staff provides three hot meals a day, specifically formulated for the individual with diabetes. Nutritious snacks are also provided at appropriate intervals throughout the day and evening. Food is an important part of diabetes management and we strive to help campers make healthy food choices.



*Evening snack time goodies!*