

Camp Sessions

Camp is Sunday, June 24th to Saturday, June 30th. Campers receive an assigned time to "Check-In" on Sunday in the "Welcome to Camp" letter, which is sent shortly before camp begins. "Check-Out" occurs the following Saturday after our 10 a.m. closing ceremony and before 12 noon. The Camp accepts children who have diabetes, ages 8 through 17. Applications are due June 8, 2012. Late applications will be considered ONLY on a space available basis.

Fees

See application for the fee structure. The amount paid may be adjusted according to the family's demonstrated need. Requests for financial assistance, "Campships," are submitted along with the application. See the application for details.

Donations

Donations are very important and helpful! The cost for each camper is considerably greater than the amount they are charged, so each year we need to raise additional money to cover the costs of camp. Please consider making a donation to assist us in making camp a reality for these campers each year.

Contact Information

If you would like information about the camp or to download a camper, or counselor, application, go to our web site at:

[Http://www.4c1lions.org/campmccumber.htm](http://www.4c1lions.org/campmccumber.htm)

For medical staff application or other information such as how to make a tax deductible donation, please contact:

Lion Bob Trueax

Diabetes Camp Administrator

530-846-4855

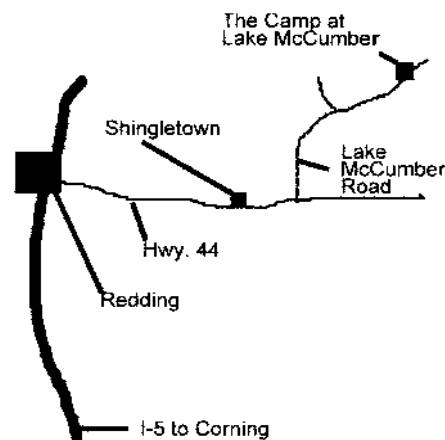
rtrueax@wcisp.com

-Location-

The camp is held at beautiful Lake McCumber, just seven miles east of Shingletown, and a few miles west of Lassen Volcanic National Park, off Hwy. 44. With a beautiful wooded area, lake and recreation facility, this site offers the activities of outdoor camping while supplying the comforts of home—electricity, hot showers and cafeteria style meals.

-Directions-

Take Hwy. 44 east out of Redding, seven miles past Shingletown and turn left on Lake McCumber Road. Stay on Lake McCumber road (bearing right at the "Y" intersection with Ritts Mill Road) and it becomes Deer Flat Road. Turn left at the Camp McCumber sign. The camp's address is 35440 Deer Flat Rd., Shingletown, CA 96088



Camp McCumber

*The Ultimate Camp for
The Child with Diabetes
June 24 through 30, 2012*



Fun time on Lake McCumber



A function of
Lions
District 4-C1
Health Foundation

The Camp

The camp is sponsored by the Lions' Health Foundation (a 501-C3 foundation) of District 4-C1, a non-profit service organization. The foundation is dedicated to providing fun and educational camping experiences for youth with health challenges, who would otherwise be denied the privilege.

Goals

The Lions' Health Foundation has the following goals for summer camp:

- + A safe, healthy and enjoyable camp experience.
- + Enable youth to meet and share their experience with other youth who have diabetes.
- + Empower campers to become responsible for their individual control programs.

Daily Schedule

Wake-up
Flag Raising
Testing/Breakfast/Showers
Activity One
Snack
Activity Two
Testing/Lunch
Camp & Cabin Clean-up/Quiet Time
All Camp Activity
Snack
Free Time
Flag Lowering/Announcements
Testing/Dinner/Showers
Evening Activity
Campfire
Testing/Snack
Lights Out (youth)/Night Activity (teens)
Midnight Testing/Lights Out (teens)



Friday Night Dance Time

Activities

The camp offers a variety of enjoyable activities and programs such as:

- + Diabetes Education
- + Archery,
- + Arts & Crafts
- + Baseball & Basketball
- + Hiking & Nature Study
- + Music
- + Nightly Campfire Skits & Camp Songs
- + Ping Pong & Badminton
- + Volleyball & Kickball
- + Waterfront Activities



Tug-O'-War

Medical Staff

Our 24 hour medical staff monitors diet and supervises insulin administration and blood sugar testing

We have an emergency airlift arrangement with Mercy Medical Hospital in Redding for any incident that may require that service.

Medical educational activities assist campers in becoming responsible for their individual health programs.



Time for insulin

Counselors

We provide enough Counselors to supervise and meet the individual needs of all the campers. Counselors receive basic training in supporting the medical staff and assisting campers. Counselors are selected from Lions, Lioness, students, teachers, etc. Counselors are role models for campers and positively impact each camper's experience.



Counselor Training Update

Food

An excellent kitchen staff provides three hot meals a day, which are appropriate for the individual with diabetes. Nutritious snacks are also provided at appropriate intervals throughout the day and evening. Food is an important part of diabetes management and we strive to help campers make healthy food choices.



Working on a Poster for their Cabin